

DECEMBER 2013



Best St		4				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	Prenatal/Breastfeeding Preparation Classes, 11 am- 12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	Judy Yankelove and Heather A Consultants, are available to a appointment and by phone. C support WARM Line @ 410-39 Friday from 8:30 am - 4:00 pm.	ssist with breastfeeding by ontact the breastfeeding 6-9427. Monday through		

(Baltimore City)



JANUARY 2014



s Best						***
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Judy Yankelove and Heather Armstrong, the Lactation Consultants, are available to assist with breastfeeding by appointment and by phone. Contact the breastfeeding support WARM Line @ 410-396-9427. Monday through Friday from 8:30 am - 4:00 pm. (Baltimore City)			1	2	3	4
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26	27	28	29	30	31	



FEBRUARY 2014



9 's Best			7			
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